

peiec® energy healing

What is peiec energy healing?

Ever wish you had a Reset button to bring back your life without all the traumas and clutter accumulated over the years? These life moments have attached themselves so much so, that you find yourself struggling with living the life you were intended to.

As a peiec® energy healing practitioner we may not be able to press that reset button, but we can start releasing these life moments and clear the path to your true self. Whether it is physical, emotional, intellectual or energetic, we can work on all these layers so that the light at the end of the tunnel is brighter.

More about peiec® energy healing

peiec® (pronounced peak) is a unique healing and transformation method, pioneered by Sandra J. and stands for the '5 layers of Self': Core, Energetic, Intellect, Emotional & Physical. For more information on peiec® [**Click Here**](#)

Sometimes in life we get so disconnected from who we are, our health, wealth and purpose due to life circumstances, environment and trauma. Perhaps we are close to having a meltdown or just hitting a wall. 'Life Moments' are thoughts, beliefs, trauma, loss of loved one, disease and illness and even bullying. These imprint themselves on the 'layers of self'. These life moments can be released so they don't build up as their energy can flow into the physical vessel and cause anxiety, illness and disease.

What can people experience?

People have reported experiencing: Higher states of consciousness, expansion of awareness, release from pain, sickness and illness. Clarity, direction, awareness and a deeper connection to their true purpose and understanding of their own beauty of self. People are finding the 'stuck' feeling has been removed and have reported a shift to calmness, happiness and a sense of wellbeing and joy.

What is involved in the 'peiec® Transformation Journey'?

peiec® is an energetic modality which allows a Practitioner to work within your layers of self. Practitioners will find and then release life moments which may be causing negative impact within your life.

With an initial discussion to cover the life moments you would like to work with, we allow the flow of conversation to stimulate 'life moments' to arise in your layers. We do not need to have an in depth conversation about your trauma, just you thinking about it will show up in your layers. We don't want to re-traumatise you.

peiec® is a complete transformational journey, which is why we suggest that you undertake three sessions. This will enable you to release life moments with great depth and impact. Trying to get into these deep layers in just one session would mean your physical body would be overwhelmed and the experience may not provide the end results you would achieve with a gentler method.

Your transformation journey can be done at the clinic in Warnbro, or if distance is an issue, over the phone, or even Skype.

The session starts with a chat. From there, you can either sit or lie down on the massage table. Music playing in the background allowing for a relaxing environment.

peiec® sessions may involve body flow work which is energetic body work and off the body work, this will be discussed prior to the session. The Practitioner is sometimes guided to work on particular areas of your body during the session. All this is done with permission and safety for the client's comfort.

When you come along to your session, all we ask is that you are open to the flow. Have no expectations, no need to meditate or pray. Just be open to the experience and notice things. What you may or may not notice will be things unique to you, and each session experience will be different.

Once the session is complete, it is important to take some time out for yourself. Give yourself at least half an hour of just sitting, or lying or having a walk on the beach and please drink plenty of water.

People may experience processing and releasing after their sessions, it is expected that if this occurs with any intensity it will usually only last 3 to 4

days. The releasing process can take weeks and even months. You are however able to complete your journey at weekly or fortnightly intervals. We believe the impact of releasing life moments to be permanent, people have described their personal experiences akin to an awakening, a reconnection to self and one of the most powerful gifts to self.



About Regina Czwerczuk

Regina is an Advanced qualified **peiec® Energy Healing Practitioner**

Regina has worked with a variety of modalities for the past 25 years. Reiki I and Reiki II, Reconnective Healing, Pranic Healing, Crystal Healing, Reflexology and Remedial Massage has been her path of Holistic Healing and Wellness while working full time as an Anaesthetic Technician in Perth's major hospitals.

Due to her own health problems and a health scare during all of 2018 which involved having surgery not only once, but 4 times, Regina decided it was time to care for herself and put everyone else second. She was no good to anyone else if she did not look after herself first, and heal

An opportunity opened up when she attended a course in December, 2018 to learn peiec® energy healing. Module 1 was all about healing self. This energy healing resonated so well with her, she noticed positive changes including a long term back and neck pain vanishing, that she decided to become a practitioner. She enrolled and completed the Module 2 to 4 and is now a peiec® Practitioner.

She truly believes that not only physically, but also mentally having peiec® energy healing in her life has transformed her life.

She has reduced her hours in the Hospital so that she can concentrate on what she believes is one of the best energetic modalities she has ever worked with. She now wants to share this gift.

Regina is an energy sensitive practitioner who is understanding and caring and wants to make a difference in your life.

Regina is available for transformation sessions

What is the cost of a Transformation Journey?

We offer a 3 sessions Transformational Journey for \$330, or \$120 per session

After you have been through the 3 sessions, we are committed to your journey and do offer one-off sessions to release life moments for \$110.