



## Delve deeply to find

- What's my soul's purpose for incarnating?
- ◆ How do I manage my gifts & challenges?
- Deeper insight into issues I'm dealing with now!
- By working with my highest purpose I can...

## **FEES**

<u>IN PERSON</u>: Course Fee \$329/8 sessions Individual 1-off Readings \$150

ZOOM: 8 sessions \$80 or \$15/session Individual 1-off Readings \$100

# **ENQUIRIES / BOOKINGS**

Call Angela direct **0419 113 621** 

## Other Services:

Weddings, Namings/Blessings, Funerals, Commitments, Ceremonies of Release Private Energy Balancing Sessions & Meditations with venue options

Angela Burchardt
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Intuitive Readings
Consultations
Short Courses
Parties
Meditations
Energy Balancing
Ceremonies

# **Colour Therapy & Meditation**

Because you want to:

balance your physical, mental, emotional & spiritual self
 overcome fear & stress which depletes your immune system

- Feel better about life
- Become clearer about your future



Angela Burchardt

# **NOW ON ZOOM**

A Short Course

Bookings Essential

8 sessions – times to suit
Groups & Individuals

Do What Makes Your Soul Happy!

## Why Do A Colour Therapy & Meditation Course?

Because You Want to Balance & Brighten Your Life!

Feeling fearful, anxious about the future, stressed, where am I going with my life? Do you want to feel more positive about the future and tap into your enthusiasm?

By not taking action to enhance your life things will stay the same or even worsen. You can't possibly want that!

In 8 sessions you'll learn some simple steps to balance your energy. You'll be able to find within yourself how to improve how you feel and you'll see the reaction in others around you. Imagine – in just 8 sessions you can turn your life around!

You'll experience feeling stronger, being happier and more rested. You'll feel empowered to make decisions which are right for you and your life will be transformed.

By following the program you'll be able to feel

- More in control of your life
  - Energized
  - More attractive
- Better able to manage stress & overcome fear
  - More relaxed
  - Grounded and connected
    - A clearer mind
  - Able to make decisions more easily
- Speak from a place of self-knowing & appreciation
- More deeply aware of what you want to release
  - What you want to empower your life.

In other words create balance physically, mentally, emotionally & spiritually. You'll have the tools to develop the ability to bring joy into your life!



## The CTM Course 8 sessions

#### **METHOD**

Working with chakra colours, energy therapy, meditation and finishing with a Ceremony of Release. Journalling helps to maximize the effect of practice: you map your experiences and be clear about what you're releasing and what you're empowering to move forward.

### **GENERAL**

Strengthening your inner knowing. Easy and relaxing way to learn. Balancing/integrating your physical, mental, emotional and spiritual bodies.

#### BOOKINGS – 8 sessions courses

<u>In Person</u>: Individual sessions or small groups \$329. Payment plans available. <u>Zoom</u>: \$80 upfront 8 sessions or \$15 per session.

#### **PAYMENT**

BSB: 012 842 A/c: 481868037. Ref: CTM. Please SMS/email me when you've paid. No refunds unless course cancelled.

### **CONNECTION**

Once booked Zoom connection details will be sent.

## ABOUT YOUR FACILITATOR

Angela has extensive experience teaching Yoga & Meditation; running Colour Therapy Workshops & Ceremonies, doing colour readings & consultations. Her background includes training in Yoga, Reiki, Aura-Soma colour therapy system and shamanic practices.

She's been a Civil Celebrant for many years and is a member of Toastmasters International.

