

Virtual Gastric Banding

a proven weight loss solution



**Forget the diets –
Reduce excess kilos & centimetres
immediately!**

Using hypnosis, the Virtual Gastric Band assists weight loss and weight control by creating a sense of fullness. The brain believes that the virtual gastric band is creating a small stomach pouch, so that less food is required to feel satisfied. In this program we will also be addressing such issues as:



- * Relaxation, Confidence
- * Assertiveness
- * Inner Child, Inner Critic etc
- * Emotional Freedom Technique
- * Motivation and Goal Setting
- * Releasing Old Beliefs
- * Nutrition, GI, Exercise

WHEN: 31st May 2024 (10am to 12pm); OR 31st May 2024 (2pm to 4pm)

WHERE: Healing Minds, 835 Mt Alexander Road, Moonee Ponds

Fee is \$320 per person (inc gst) for 6 weekly (2 hour) group sessions, this fee also includes a diary, manual and CDs. (max 6 people in the group).

For more information visit the website: <http://hypnotherapy-essendon.ntpages.com.au/service/13305>

To Register phone Stella Dichiera on 0415 876 722 today!

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