

# Discover the Water Tradition of Daoist Tai Chi, Qigong & Meditation

## with Yoke Chin

### About Her

Yoke Chin has trained for over 40 years in the rare Water Tradition of Daoist Tai Chi, Qigong, and Meditation. As a senior student of Grandmaster Huang Sheng Shyan and lineage holder Bruce Frantzis, she brings 30+ years of teaching experience.

Her gentle yet powerful approach helps students release tension, restore vitality, and reconnect with inner stillness—sharing a direct, living lineage of Daoist wisdom and healing.

“The tiniest seed contains the entire universe.” Daoist proverb



### Details

Introductory Water Qigong Class

📅 Saturday 17 May | 2:30–3:45 PM

Experience a rare, holistic internal practice for balance, health, and well-being.

Limited places. Bookings essential.

20% off for YL, VI & Gebchak members.

✉️ [yokechi@gmail.com](mailto:yokechi@gmail.com) for bookings, venue, and details.



[www.cloudhandstaichi.com.au](http://www.cloudhandstaichi.com.au)

